

1750 Monroe Avenue, San Diego, CA 92163 • (619) 298-8008

A Decade of Service to the Gay, Lesbian, Bisexual and Transgender Recovering Community

Upcoming L.L.L.A.C. & Community Events

March Yard-Sale A Success !!!

We would like to thank everyone that volunteered to help with this fundraiser. Also all those that donated and bought items. We hope to have a yard-sale every couple of months. If you have any items you would like to donate, we would be more than happy to have it. Having a storage garage enables us to collect items all the time.

One persons junk is another's treasure !!

St. Patrick's Day - Mardi Gras Party

A Fun Time For All

This second annual L.L.L.A.C. event was quite entertaining and fun. With performances by Members of the Board, staff, membership, recovery community and San Diego Imperial Court.

With Prize Drawings being facilitated by our very own "Twinkles the Clown" this was entertainment in its self.

We also presented several "Certificates of Appreciation" to several individuals and organizations for their continued support of the Club.

Thanks to all that helped with decorations, at the event, performers and attendees.

April 14th - Feeling Good '96 and L.L.L.A.C. sponsored Pancake Breakfast Speaker Meeting. At the Center, 9 am to 12 noon. Tickets available from L.L.L.A.C. or Feeling Good Committee Members. See you there.

May 4th - L.L.L.A.C. 13th Anniversary Celebration "A World of Thanks". As plans for this celebration develop we will keep you informed.

June ?th - L.L.L.A.C. Yard Sale. WE NEED YOUR TREASURES.

July ?th - Davids Dance 'O' Rama. L.L.L.A.C. will be involved in this event again this year - as plans develop, we will keep you informed.

July 26, 27 & 28 - San Diego Pride Parade & Festival. L.L.L.A.C., Stepping Stone and Feeling Good are planning to march together again this year. Plans are being made as I type for this. The Club is putting together the "Pride Coffee Exchange". This year it will be bigger and better. Again, as plans develop, we will keep you informed.

With all these events, we will need volunteers. Talk to any Board Member if you can help.

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Live & Let Live Alano Club

Monthly Service Award Re-Established

It has been the Board of Directors desire to re-establish and up-date the Monthly Service Award. Through a generous, anonymous donation, we were able to go back forty-one months and bring our acknowledgments for service and unconditional support of the Club and recovery community up to date.

The Board and management greatly appreciate all the hard work and generosity of all the recipients of this award. It was not easy to come up with this list of recipients, but we feel we did our best at being fair and true to our membership. If we missed anyone, please do not feel slighted, as we do have so many people that have given of themselves and we are truly grateful.

Listed below are the recipients of the Monthly Service Award for the past forty-one months. The Monthly Service Award is hanging outside the office door.

October 1992 - John C.
November 1992 - Jona B.
December 1992 - Arty E.
January 1993 - Joe D.
February 1993 - James C.
March 1993 - Jay W.
April 1993 - Belinda L.
May 1993 - TeddyBear Allan
June 1993 - Lisa V.
July 1993 - Windy T.
August 1993 - Stepping Stone
September 1993 - Hal M.
October 1993 - Warren B.
November 1993 - Rena D.
December 1993 - Bill J. & Bob T.
January 1994 - Scott J.
February 1994 - Bree K.
March 1994 - Tom D.
April 1994 - Michael P.
May 1994 - Euray P.
June 1994 - John R.

July 1994 - Kathy M.
August 1994 - Dean C.
September 1994 - Charles C.
October 1994 - Robert M.
November 1994 - Jona B.
December 1994 - Linda B.
January 1995 - Ty C.
February 1995 - Carlos R.
March 1995 - Gary S.
April 1995 - Teresa V.
May 1995 - Gretchen A.
June 1995 - Bruce G.
July 1995 - Steve G.
August 1995 - Pride Volunteers
September 1995 - Julian L.
October 1995 - Robby H.
November 1995 - Chris S.
December 1995 - Patrick L.
January 1996 - Tom M.
February 1996 - Tom H.

Our heart felt thanks to all of you, L.L.L.A.C.- Board of Directors

Are you a Team Player ?

Are you interested in being on a L.L.L.A.C. billiards, bowling, softball or darts team ? Do you enjoy playing cards ? We are looking into forming teams. If you are interested talk to a Board Member or Staff and sign up.

LETS GO CAMPING

Several Club Members have expressed interest in having a camping week-end with others in recovery. We have a sign-up sheet at the coffee bar to see who is interested. We will be having a meeting with those interested to discuss a date, we are looking at sometime in May, June or July, and location. For more info. talk to a Board Member or Staff.

Happy Birthday



Belly-Button

MARCH

DREW E.
GABOR H.
HENRY A.
JUDY W.
JOHN M.
JERRY S.
JONA B.
KATHY M.
KIMBERLY E.
LINDA S.
MARIAN B.
PAUL H.
PAMELA P.
RONNIE S.
ROSS W.
STEVE C.
TIMOTHY M.
TOM C.
WILLIAM R.

Sobriety A.A./N.A.

ANDRE B.
BILL F.
CHERYLL H.
JOHN W.
LINDA S.
LEIF S.
ROCKY W.
SCOTT S.
STEVE A.
SUZEN P.
BILL M.



BELLY BUTTON

APRIL

SOBRIETY

ANN D.
BILL F.
DIONDE W.
GARY F.
JAY W.
JOHN M.
KAREN L.
LAURA O.
LOU L.
MADELYN W.
MELISSA B.
REENIE F.
TOM H.
TRISH M.
ANDREW M.

BREE K.
DAVID C.
DIONDE W.
DEAN C.
DEBRA M.
JACK O.
KAREN L.
KIPP D.
LINDA S.
LINDY
RINDY R.
TED P.

" GEM OF THE MONYH "

Life is an adventure to be lived,
Not a problem to be solved.

The Live and Let Live Alano Club

1730 Monroe Avenue
San Diego, California 92163
(619) 298-8008

MONDAY

11:45 am--Sober Nooners--AA Discussion
5:45 pm--Free To Be--AA Discussion
7:00 pm--Alanon--Discussion
8:00 pm--Narcotics Anonymous--Discussion

TUESDAY

11:45 am--Sober Nooners--AA Discussion
5:45 pm--Free To Be--AA Discussion
6:00 pm--AA District 19 General Service Reps.
Meeting (2nd Tuesday each month)
8:00 pm--Sober Sisters--AA Discussion
(Women only)

WEDNESDAY

11:45 am--Sober Nooners--AA Discussion
5:45 pm--Free To Be--AA Discussion
5:45 pm--Overeaters Anonymous
8:00 pm--Hope Without Dope--NA Discussion
8:00 pm--There are Those, Too...Sanctuary--AA/NA
Discussion (Dual Diagnosis)

THURSDAY

11:45 am--Sober Nooners--AA Discussion
5:45 pm--Free To Be--AA Discussion
5:45 pm--Nicotine Anonymous--Discussion
7:00 pm--Open Board of Directors Meeting
(2nd Thursday/month)--Club business
8:00 pm--Butts Out--AA

FRIDAY

11:45 am--Sober Nooners--AA Discussion
5:45 pm--Free To Be--AA Discussion
8:00 pm--Sobriety and Miracles Leather/Fetish
Meeting--AA Discussion

SATURDAY

10:00 am--Women's Meeting--AA Discussion
(Women only)
11:45 am--Sober Nooners--AA Discussion
6:00 pm--As Bill Sees It--AA Discussion
8:00 pm--Two-Bit Speakers--AA Speaker
8:15 pm--Intimacy and Men--AA Discussion
(Men Only)

SUNDAY

9:00 am--Women's Meeting--AA Discussion
(Women Only)
11:00 am--Straight Shooters--Discussion
3:00 pm--(Spanish) - SCA
5:00 pm--We Agnostics - AA
6:00 pm--Beautiful Beginnings--AA Speak/Discuss
8:00 pm--NA Discussion



The Live and Let Live Alano Club

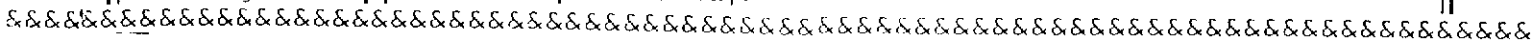
The Live and Let Live Alano Club provides continuing support for all recovering alcoholics, addicts, members of 12-Step programs and their friends and families, in a relaxed, caring environment free from alcohol and other drugs.

The Club was founded in 1983 by a small group of local Lesbian and Gay recovering alcoholics. They saw the need for a special outreach to the Lesbian and Gay community for those seeking a new life free from active addiction.


The Live and Let Live Alano Club provides information, meeting space and fellowship through alcohol-free and drug-free social activities and special events -- and by just being open -- a safe place to share conversation or coffee with a friend.

The Membership dues are low, disabled and senior discounts are offered, and volunteers earn no-cost Membership. This policy serves the goal of maximum accessibility.

Since Supporters, Members, or Boardmembers do not need to be part of any 12-Step program, or have any particular sexual orientation, becoming a part of the Alano Club Family demonstrates only one thing -- a desire to help with the serious business of Lesbian and Gay recovery in a supportive and personal way.



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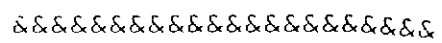
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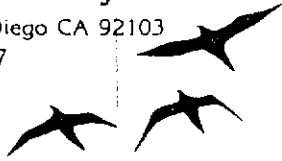
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