

Live and Let Live Alano Club

3867 Fourth Avenue • P.O. Box 33435 • San Diego, California 92163 • (619) 298-8008

Newsletter

April 1993

EVENTS

The Live and Let Live Alano Club is proud to list upcoming events.

10th Anniversary Dinner/Dance

The Live and Let Live Alano Club was founded in 1983. It has served the gay and lesbian recovering community for ten years, despite several obstacles. To assist in celebrating this landmark year, we are asking for your personal accounts of what the Club has meant to your recovery. We hope to informally publish these in some form to assist with capital campaign fundraising and promotion of our Club to the greater community. Of course, anonymity will be respected. Please give your personal accounts to Joe D. via the employee on duty. All contributors will be consulted prior to the use of their accounts.

The Live and Let Live Alano Club is celebrating its 10th Anniversary this year. In celebration, we will be holding a potluck dinner and dance on Friday, May 14, 1993. The dinner will start at 7:00 p.m. A speaker /meeting will follow from 8:00 p.m. to 9:30 p.m. The dance will be held after the meeting and will go on all night until we all drop!

For the dinner, we could use the following items:

- ★ Salads (Macaroni, Potato, Coleslaw)
- ★ Gravy (for the turkeys)
- ★ Veggie Dishes (Casseroles, Mixed Veggies)
- ★ Potatoes (Whipped, Mashed)
- ★ Desserts (Pies, Cakes, Whipped Toppings, Cookies, etc.)
- ★ Butter (for Rolls and Breads)
- ★ Additional Helpful Items
 - ◇ 3-Section Paper Plates
 - ◇ Dinner Napkins
 - ◇ Candles for the Tables

Since this is our 10th Anniversary, please lend a hand to make it a success. There will be no charge for the dance. If you have any questions or would like to help with set up, decorations, supplies or in any other way, please speak with Tom, Club Manager. Tom can also let you know of places where items can be obtained at a very reasonable cost.

Game Night at the Club

Are there times you feel like there is nothing to do? TV's a bore? Designing Women is no longer funny? Feeling lonely? Come on down to the Club on Thursday nights and join others in recovery for Hearts, Spades, Golf, Skip-Bo, Chess, Backgammon, Checkers, Cribbage or any board game you wish to bring. The games run from 7:00 p.m. until 10:00 p.m.

Gay Men's Spiritual Retreat

This retreat will be held at Camp Cedar Glen in Julian, CA on May 7 - 9. It is designed for gay men to enhance and broaden their spirituality in recovery through 12 step programs. It frees us to explore paths to a happy destiny. The \$75.00 cost includes accommodations and the following meals: snacks on Friday; breakfast, lunch, and dinner on Saturday; and breakfast and lunch on Sunday. For further information, see flyers at the Club or call Brandon G. at 291-8346, Colin T. at 692-9340, or Dave S. at 232-1303. There are partial and full scholarships available on a limited basis.

Major Fund Raiser

Join us for a night out at the theater. The Club will be selling tickets for the show *Reunion*, a '50s Rock and Roll review. Through the generosity of one of our members, we will be given the proceeds from the sale of all tickets for one night of the show. There will be 250 seats available. All dollars raised will be used to help offset the Club's moving expense. It is our goal to fill the whole theater. Announcements, posters, and flyers will be forthcoming to promote this event. Don't miss out!

Padre Tickets

Once again this year, tickets to selected Padre games are available to members at no cost. Sign-up sheets will be posted at the snack bar.

INVOLVEMENT

It's amazing just how many people use this Club for meetings and fellowship. Yet very few get involved in helping out. Complaints and rumors abound yet nobody seems willing to do anything productive! All nonprofit groups have their problems. If you are harboring a past resentment, get rid of it. If things at the Club aren't as you would like them, get involved to help change things. The Club has been here when you needed it, especially in early sobriety, and it is an intricate part of the community. Please put aside your old grievances and opinions and get involved in some way to give back to others what was given to you.

April Fools Needed

Sunday, April 11 at 7:30 p.m. there will be a talent show held at the Club. We are looking for a few good musicians, dancers, singers, comedians, jugglers, yodelers, magicians, or anyone with hidden talent that wants to show off some fun. There will be prizes for Best Artist and Biggest Fool. Contact Jessie at 278-8856 or Alisandra at 280-7976 for details. Get involved with the fun sobriety offers us!

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Donations Needed

One again we will be doing a garage/rummage sale. The dollars raised will be used to defer the cost of the move for the Club. We need all the help we can get. Please dig through all your stuff and remember, if you haven't used it in a year, you probably don't need it. No donations will be refused! Arrangements will be made to transport large sellable items. Contact either Tom D. or the Club Manager.

Do You Have Any Good Ideas?

Once again, summer is getting close, and we need to have some fun activities. Barbecues, beach parties, days at the races, and others trips are suggestions. If these or other activities appeal to you, make some suggestions and, while you're at it, volunteer to run an event.

Volunteers Needed

One way of maintaining your Club membership is through volunteering. Most volunteers work behind the counter, but this is not for everyone. Other volunteer opportunities are available such as active participation on one of several standing committees:

- ① Fundraising. This committee is involved in organizing and promoting events to benefit the ongoing operating expenses. New ideas and energy are needed.
- ② Newsletter. Yes! This very paper you are holding needs time and commitment from volunteers to write, edit, fold, distribute, and sell advertising.
- ③ Capital Campaign. Money needs to be raised for our upcoming move to a new location. We need help with grant writing, large scale event production, real estate location, and promotion to the greater community.
- ④ Housing. Both in our present location and in whatever new space we acquire, we need those with carpentry, plumbing, electrical, and painting skills. It is essential to have persons with experience in obtaining city permits/licenses.
- ⑤ Women's Issues. A special need exists for liaison to other community groups such as Shirttails and the Lesbian Health Project.
- ⑥ Membership. This committee serves to improve communications between members and the Board of Directors. Volunteers are needed to make phone calls and survey members. This committee sponsors open membership meetings the first Wednesday of each month at 7:00 p.m.

For more information on volunteer opportunities, contact the Club Manager. All interested persons are invited to attend Board meetings, which are held on the 2nd Monday of each month at 7:00 p.m. Your input is vital for the Club to thrive!

Get Out and Vote

The Nicky Awards are coming again. We need your votes on April 3 from 9:00 a.m. to 3:00 p.m. at the Gay and Lesbian Center. The Club has been nominated for Social Organization of the Year. Jona Briggs has been nominated for Businesswoman of the Year. Ron Smith has been nominated for Volunteer of the Year. Mark Kramer also has a nomination. Sandy has been nominated for Waiter of the Year. The Club and all its members who have been nominated need your support. It would be great to win.

Drag Show

The Club will be presenting a drag show skit, scheduled for the evening of Sunday, April 18. If you would like to participate, see Tom D. for details. All funds will go toward the Club moving fund. We plan to have a monthly drag show on the 3rd Sunday of each month. Mark Kramer will be helping with this activity.

Is Your Cup Missing?

You come to the Club and go for your personal Club coffee mug and discover it's gone. Who took it? Could you have missed paying your dues by the 15th of the month? Oops. Your brain kicks in, and you realize that your dues are past due.

Meetings

Several meetings are folding due to a lack of attendance and interest. We need a few good sober people to make a commitment to reestablish the Thursday, 8:00 p.m. Blue Door AA discussion meeting. In addition, if anyone is interested in starting a meeting on Sundays, we have plenty of times and space available. See the Club Manager for more information.

Sobriety Birthdays

The Club congratulates its members for sobriety anniversaries:

Sandy J.	12 years	Frank H.	7 years
Bob W.	8 years	Mike P.	4 years
Dave C.	8 years	John M.	3 years
Dawn F.	8 years	Jack W.	1 year
Debra M.	8 years	Kathy P.	1 year

Belly Button Birthdays

Happy Birthday to these Club members:

Ann del A.	Gary E.	Margaret H.
Bill F.	Jay M.	Nancy D.
Carmen L.	Jay W.	Paul S.
Craig P.	Jerry St D.	Rena D.
Chris R.	Leslie H.	Ron S.
Dennis P.	Lars P.	Sidney
Frank M.	Madelyn W.	Trisha F.

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Coffee

Here is a neat way to save money on gourmet coffee and support the Club. All coffee sold is prepaid and is available in 5-pound units only. Ground coffee is available for an additional 20¢ per pound. Decaffeinated coffees cost 50¢ extra per pound and are noted by an asterisk (*).



1.	House Blend	\$25.00
2.	Viennese Blend	\$25.00
3.	Espresso	\$27.50
4.	French Roast	\$25.00
5.	Vienna Roast	\$25.00
6.	French Roast Vanilla Cream*	\$30.00
7.	French Vanilla Cream*	\$30.00
8.	Pralines and Cream*	\$27.50
9.	Vanilla Nut Cream*	\$27.50
10.	Double Chocolate Fudge*	\$27.50
11.	Chocolate Hazelnut*	\$27.50
12.	Coconut Cream*	\$27.50
13.	Hawaiian Hazelnut*	\$27.50
14.	Kona Macadamia*	\$33.50
15.	Vanilla Bean Supreme*	\$27.50
16.	Kenya AA	\$25.00
17.	Colombian Supreme	\$23.00
18.	European Blend	\$23.00
19.	Kona Blend	\$26.25
20.	New Orleans Blend	\$27.50

If you desire any flavors that are not listed, please ask Tom, Club Manager.

Community Spirit

Overlooked Options, the only opinion pooling group dedicated to the lesbian, gay and bisexual community is very proud to introduce the first long distance calling program that strengthens our community with every long distance call you make. With Community Spirit, 2% of your long distance charges are donated to the community group of your choice. With Community Spirit, you have the power to provide critical funding for gay, lesbian, and bisexual organizations you wish to support. Make the switch and save up to 35%. Call anywhere in the world. Help our community fight back. This organization is gay/lesbian owned and operated. For more information, call (800) ITS-OURS.

To Be Prayer

O Lord, I ain't what I ought to be,
And I ain't what I want to be,
And I ain't what I'm going to be,
But O Lord, I thank You
That I ain't what I used to be.

Thank You God

Thank You, God for all You have given me,
Thank You for all You have taken from me,
But, most of all, I thank You, God, for what You've left me:
Recovery, along with peace of mind, faith, hope, and love.

Reliance on Higher Power

O Higher Power,
Never let me think
That I can stand by myself,
and not need You.

First Things First

Dear Higher Power, remind me:
To tidy up my own mind,
To keep my sense of values straight,
To sort out the possible from the impossible,
To turn the impossible over to You,
And to get busy on the possible.

Thank You, Thank You, Thank You

The Live and Let Live Alano Club wishes to thank the following businesses in our community for donating prizes to the Valentine's Day party on February 14, 1993.

City Deli	The Guild
Condoms Plus	Hamburger Mary's
Corvette Diner	Hillcrest Studios
Donatello's	Pasta Al Dente
F Street	The Tongue Thai Foon

Retraction

Oops! An amends is due to Barbara T. for a mistakenly printed sobriety birthday error. Barbara has 19 years in sobriety, not 21 years as was misprinted in the last newsletter. Sorry, Barbara.

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Schedule of Meetings

Revised 3/30/93

Monday

11:45 a.m.
Sober Nooners discussion (AA)

3:00 p.m.
Afternoon Hour (AA)

5:45 p.m.
Discussion (AA)

7:30 p.m.
12 x 12 Step Study (AA)

8:00 p.m. (NA)

Tuesday

11:45 a.m.
Sober Nooners discussion (AA)

3:00 p.m.
Afternoon Hour (AA)

5:45 p.m.
Speaker/Discussion (AA)

6:30 p.m.
Newly Sober Beginners Group (AA)

8:00 p.m.
Sober Sisters discussion (AA) (W)

Wednesday

11:45 a.m.
Sober Nooners discussion (AA)

3:00 p.m.
Afternoon Hour (AA)

5:45 p.m.
Discussion (AA)

5:45 p.m.
Overeaters Anonymous discussion (OA)

8:00 p.m.
Hope without Dope discussion (NA)

Thursday

11:45 a.m.
Sober Nooners discussion (AA)

3:00 p.m.
Afternoon Hour (AA)

5:45 p.m.
Discussion (AA)

5:45 p.m.
Nicotine Anonymous discussion

Friday

11:45 a.m.
Sober Nooners discussion (AA)

3:00 p.m.
Afternoon Hour (AA)

5:45 p.m.
Discussion (AA)

6:00 p.m. (SCA)

7:00 p.m.
After Three Group (AA)

8:00 p.m.
Sobriety and Miracles Leather and Fetish Meeting (AA)

8:00 p.m.
Live and Let Live discussion (AA)

Saturday

9:00 a.m.
Revised Big Book Group (AA)

10:00 a.m.
Women's Meeting discussion (AA)(W)

11:45 a.m.
Sober Nooners discussion (AA)

6:00 p.m.
As Bill Sees It (AA)

6:00 p.m.
Dope Free Dopers (NA)

8:00 p.m.
Two-Bit Speakers (AA)

8:15 p.m.
Intimacy and Men discussion (AA)

Sunday

9:00 a.m.
Women's Meeting discussion (AA)(W)

11:00 a.m.
Straight Shooters discussion (AA)

6:00 p.m.
Beautiful Beginnings speaker/discussion (AA)

New meeting? Meeting not listed correctly? Call 298-8008 to update the schedule.

KEEP COMING BACK!