

Live and Let Live Alano Club

3867 Fourth Avenue · P.O. Box 33435 · San Diego, CA 92163 · (619) 298-8008

Schedule of Meetings

Revised 6/93

Monday

- 11:45 a.m. — **Sober Nooners** — Discussion — (AA)
- 3:00 p.m. — **Afternoon Hour** — (AA)
- 5:45 p.m. — Discussion — (AA)
- 7:30 p.m. — **12 x 12 Step Study** — (AA)
- 8:00 p.m. — (NA)

Tuesday

- 11:45 a.m. — **Sober Nooners** — Discussion — (AA)
- 3:00 p.m. — **Afternoon Hour** — (AA)
- 5:45 p.m. — **Speaker/Discussion** — (AA)
- 8:00 p.m. — **Sober Sisters** — Discussion — (AA) (W)

Wednesday

- 11:45 a.m. — **Sober Nooners** — Discussion — (AA)
- 3:00 p.m. — **Afternoon Hour** — (AA)
- 5:45 p.m. — Discussion — (AA)
- 5:45 p.m. — **Overeaters Anonymous** — Discussion — (OA)
- 8:00 p.m. — **Hope Without Dope** — Discussion — (NA)
- 8:00 p.m. — **Sanctuary** — Discussion — Dual Diagnosis (AA or NA and Psychological Diagnosis)

Thursday

- 11:45 a.m. — **Sober Nooners** — Discussion — (AA)
- 3:00 p.m. — **Afternoon Hour** — (AA)
- 5:45 p.m. — Discussion — (AA)
- 5:45 p.m. — **Nicotine Anonymous** — Discussion

Friday

- 11:45 a.m. — **Sober Nooners** — Discussion — (AA)
- 3:00 p.m. — **Afternoon Hour** — (AA)
- 5:45 p.m. — Discussion — (AA)
- 6:00 p.m. — (SCA)
- 7:00 p.m. — **After Three Group** — Discussion — (AA)
- 8:00 p.m. — **Sobriety and Miracles Leather and Fetish Meeting** — (AA)
- 8:00 p.m. — **Live and Let Live** — Discussion — (AA)

Saturday

- 9:00 a.m. — **Revised Big Book Group** — (AA)
- 10:00 a.m. — **Women's Meeting** — Discussion — (AA) (W)
- 11:45 a.m. — **Sober Nooners** — Discussion — (AA)
- 6:00 p.m. — **As Bill Sees It** — (AA)
- 6:00 p.m. — **Dope Free Dopers** — (NA)
- 8:00 p.m. — **Two-Bit Speakers** — (AA)
- 8:15 p.m. — **Intimacy and Men** — Discussion — (AA) (M)

Sunday

- 9:00 a.m. — **Women's Meeting** — Discussion — (AA) (W)
- 11:00 a.m. — **Straight Shooters** — Discussion — (AA)
- 6:00 p.m. — **Beautiful Beginnings** — Speaker/Discussion — (AA)

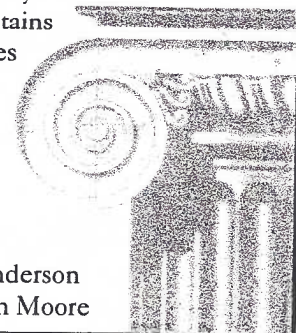


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Paul Anderson
Stephen Moore

Carry The Message of Recovery — Please

Tuesdays, 6:30 p.m., **Newly Sober Beginners Meeting**

Thursdays, 8:00 p.m., **Open Door Meeting**

These two meetings need committed individuals with some sobriety to reestablish them.

New Meeting? Meeting Not Listed Correctly? Call the club (298-8008) to update this schedule.

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Newsletter June 1993

June Bellybutton Birthdays

Happy June Birthday

to these Members from the LLLAC:

Ernest G.	Bill M.	Bob W.
David S.	Dee D.	Douglas S.
Gretchen A.	John C.	John M.
Kris F.	Lorie P.	Mason A.
P.J. D.	Robert M.	Sandy J.
Scott J.	Tim S.	Tom M.



“Almost anything you do will be insignificant, but it is very important that you do it.”

— Mohandas Gandhi



“... The losers in life are the ones who idly stand by and the winners are the ones who forge solutions to their problems.”

— former Cuban Air Force major Orestes Lorenzo Perez, who defected to U.S. in 1991, taking his MiG with him, then flew a small plane back to Cuba in January 1993 and rescued his wife and two sons.



Gourmet Coffees Available By Request

About 20 varieties of wonderfully flavored coffee are available in 5-pound units from the LLLAC. Decaf also available. Flavors and prices, etc. will be listed again in next newsletter, meanwhile — ask at the counter.

Major, Major Fundraiser

Through the generosity of Wayne T, the Club will be allowed to present the fabulous stage show *Reunion*. The show will be presented at the Hahn Theatre in Downtown San Diego on Wednesday, July 7. The entire proceeds from the 250 tickets will go to the Live and Let Live Alano Club. We will have more information forthcoming. Your attendance and enjoyment of the show will greatly help the Club.

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Newsletter June 1993

A Gastronomical Success

Our 10th Anniversary Awards Dinner/Potluck/Raffle/Dance turned out to be a wonderful event, full of camaraderie, special moments, lots of laughs, and tons of home-made lovingly prepared food — all free for the taking. Emcee Joe did a great job presenting the awards and announcing the raffle winners.

Al Best was presented with a Community Friend award for his long-term assistance to the club, Jay W. was recognized for his volunteer work with the club's accounts, and current boardmember Tom D. was recognized with the Volunteer of the Year Award for his work during 1992.

Al Best was also presented with a special award on behalf of our community's youth for his outspoken efforts addressing their special needs.

Between cash donations and the raffle, approximately \$500 was raised.

This awards dinner was especially poignant, considering it will be the last to be held in this place of thousands of wonderful memories, and countless stories of lives successfully recovered from active addictions.



Thanks to Dawn Media

Dawn Media, publishers of Update newspaper, has generously loaned computer time for our newsletter. Thanks to publisher Tom!



Sorry It's Late

New to the Newsletter, I'll be very appreciative of your patience as everything is switched to a new computer system and to me. Something not in here that should be this month? Let me know, I'll fix it next time. Want something in next time? Get it to me on a piece of paper so I don't have to remember and I'll do my best if I get it by June 28th for July's newsletter. Thanks, from Teddybear Allan.



More Events — More Successes

The Country Crazies Dance was held on May 29. Line dancing, two stepping, jail/bail fundraising, door prizes, 50/50 raffle, costume awards, and western decor provided a fun evening for lots of urbane cowboys, cowgirls, and cow-inbetweens. If you didn't ride in that night, you missed a chance to have the sheriff put your favorite (?) "criminal" behind bars with a sentence of your choosing.

The Garage Sale raised some more money for the club when it was held the first weekend of this month. Lots of treasures were snapped up by bargain hunters with a good eye for a deal, and lots of people donated those goodies to be sold.

The stage looks pretty bare without all those cacti and garage sale donations, but each of these events raised some more for the cause, and gave even more members a chance to participate. Many hours of labor and creativity were freely given to make these events happen. If you happen to notice somebody decorating or organizing or cleaning up or planning or rehearsing for events — don't forget — they're doing it all for free and all for you.



June Sobriety Birthdays

Happy June Anniversary!
from the LLLAC to these Members:

Pam W. 1 year	Ernest G. 9 years
Vance C. 1 year	Michelle J. 7 years
Bob K. 1 year	Bridget W. 7 years
Carmen L. 3 years	Douglas S. 1 year
Everett W. 9 years	Gary G. 7 years
Nancy D. 16 years	Rena D. 5 years
Robert L. 6 years	Robert M. 4 years
Roger U. 3 years	Scott J. 7 years



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LLLAC Still Needs A New Home

Unfortunately, month-long negotiations to lease the building at the corner of 4th/Robinson broke down when it was discovered that the building was not zoned for use as a meeting hall. So it's back to square one.

Time is running out — we have only until the end of this month at this location. If you know of a building in the Hillcrest area which is zoned for A3 (meeting hall) use, or have any leads on a possible location (even if you don't know how it's zoned), please let a board member know as soon as possible.

No, the LLLAC will not be lost. Yes, things may get a little rocky. It's HP time (as usual)!



Club Manager Moves On

Club Manager Tom C. has taken a job elsewhere as of this month. Tom gave a lot of himself during his employment at the LLLAC — many times “above and beyond the call of duty” — and managed to do a lot with little resources while he was here. Thanks, Tom, and good luck in your new endeavours.



Board of Directors Meeting

June 14th, 7 p.m.

The most important Board meeting since the LLLAC was started will be held at 7 p.m. on Monday, June 14 at the club. Agenda items such as a new location, possible temporary locations, the physical moving of the club, a new club manager, new board members, etc., will be discussed and decided. If you wish to participate in these decisions, you are urged to attend this particularly important meeting.



I am responsible ...

*When anyone, anywhere,
reaches out for help,
I want the hand of A.A. always to be there.
And for that: I am responsible.*



Horse and Wagon Sought

Well, it got your attention If you have access to a truck, van, car, horse and wagon, or any vehicle which can be used to transport the LLLAC's property to its new location, please let a board member, club employee, or club volunteer know as soon as possible.

Also, if you can volunteer to help with the move in any way, this is the time for the club “family” to pitch in and help. This sort of change can inspire a new closeness in those who participate, and can really build a sense of community togetherness as we all take a part in helping each other through the changes.



Three Seats Open on Board

There are currently three open positions on the LLLAC Board of Directors. To qualify for board membership, one year of continuous clean and sober time and six months continuous paid club membership are required. For details contact a current boardmember.



Support Your Local Supporter

These businesses have given donations to our club so we could raffle them off for our Relocation Fund and deserve to be treated as what they are — “family”:

Column One
Huddle Restaurant
Serenity Shop
Haircut Blvd.
Pepsi Cola Co.
City Deli
San Diego Zoo/Wild Animal Park
Sea World
Guild Theatre
Bill Hall Salon
Kickers/Hamburger Mary's
R&R Video
The Crypt

