

OCTOBER 1995

A NEWS LETTER OF THE LIVE & LET LIVE ALANO CLUB

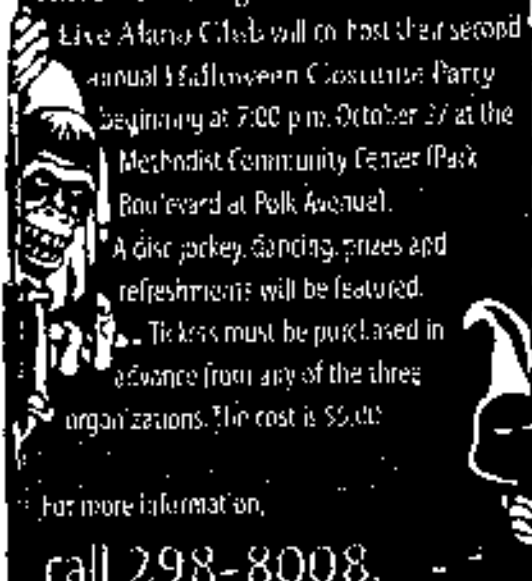


1730 Monroe Avenue, San Diego, CA 92163 • (619) 298-8008

*A Decade of Service to the Gay, Lesbian, Bisexual and Transgender  
Recovering Community*

David's Place Coffee House, Bring  
Alive - San Diego and the Live and Let  
Live Alano Club will co host their second  
annual Halloween Costume Party  
beginning at 7:00 p.m. October 27 at the  
Methodist Community Center (Park  
Boulevard at Polk Avenue).  
A disc jockey, dancing, prizes and  
refreshments will be featured.  
Tickets must be purchased in  
advance from any of the three  
organizations. The cost is \$5.00.

For more information,  
call 298-8008.



**"HOLIDAY with a HEART"**  
A HAPPENING FROM THE HEART

L.L.L.A.C. is producing this fund-raising event to  
be held December 18, 1995 at RICHS. Proceeds from  
this event will benefit the L.L.L.A.C. & DIFFA/S.D.  
Our goal is to raise \$20,000 or more. To do this we  
need your help. **VOLUNTEERS NEEDED.** For more  
info., talk to a Board-member or attend the meeting  
at the Club on Oct. 17 at 6 P.M.



**Just How Do I Get To The  
Live And Let Live Alano Club ??**

**Easy!**

We are located just off the intersection of  
Park Boulevard and Monroe Street. Two  
blocks north of El Cajon Boulevard.  
1730 Monroe is a blue-gray building with  
red doors.

**Lost?**  
Just call us at (619) 298-8008, and some  
nice person will answer the phone and  
direct you! Please visit us!

L.L.L.A.C.  
Board of Directors  
Ernie G.  
Colleen S.  
Scott J.  
Reenie F.  
Lee R.  
Jim F.  
Eurray P.  
Tom D.

Newsletter Committee  
Tom D.  
Helen S.

Club Manager  
Kris



FEELING GOOD 95  
November 24, 25, 26 At  
the Red Lion Hotel  
Working together to  
create a community  
celebrations of gay  
and lesbian recovery.

Registration: \$30  
Info. Mark at 619-291-0313  
or Carol at 619-296-0194

10th ANNUAL LIVE AND LET LIVE LESBIAN ROUND-UP  
FEBRUARY 23 25, 1996  
Camp Cedar Glen Julian, California

12-step workshop, 4 speaker meeting, and alot of  
fun .

REGISTRATION \$50  
More info: Call Cindy L. at 619-296-1210 or Joan S.  
619-276-7543

**SOBRIETY M-DAY**

Catherine C.  
Christopher A.  
Ruray P.  
Georgia B.  
Gabor H.  
Jimmy M.  
Jen C.  
Larry P.  
Lisa C.  
Mike R.  
Paul H.  
Peter H.  
Pam T.  
Tom T.  
Vergil C.  
Wendy T.

**BEMLY B-DAY**

Andrew H.  
Adam B.  
Ernie S.  
Ingrid K.  
Jimmy M.  
Jerry S.  
Joanne M.  
Louise S.  
Linda H.  
Leonard C.  
Loretta C.  
Mark Q.  
Paul P.  
Robert T.  
Vergil C.  
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The Flame is putting on another  
benefit for LLLAC Oct. 6.  
Celebrating Carla's Birthday  
Featuring- Dominique and the  
Altar Boys. The Original Dames  
Revue. And Special Guest -  
Amy Boyd. Private Reception  
5-8pm. \$25., \$5. cover after 8pm.

Board Members  
Election Sat. Oct.  
21. Put your  
letter of intent  
in by Oct. 7.  
Must be Member in  
good standing for  
at least 6 months.

Topless Men at the Flame  
First time ever!  
Putting on a benefit for  
The LLLAC, Oct. 9.  
Some of San Diego's hottest  
Bartenders will auction of  
their T-shirts at the Flame  
3780 Park Blvd.

This Newsletter is made  
possible by advertisers ap-  
pearing in this issue. Inclusion  
in this newsletter in no way in-  
dicates sexual preference or  
recovery status. Opinions  
expressed are not necessarily  
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Let Live Alano Club or it's  
Board of Directors.

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1/2 Page.....\$17.50/Issue  
Full Page.....\$40.00/Issue

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I stopped to hear a loud whirling noise in the sky. The television helicopter was hovering over my left shoulder. At least those who watch the news and read the papers will understand a small part of what was happening here, but would have no real realization of what it all meant. I looked around to see others standing at panels just gazing, others kneeling in prayer, a friend trying to readjust a lost contact from too many tears.

Walking seeing other panels at our feet was bringing back all those emotions all over again. There were friends at my feet and at my side. I read names that I had known in the past and saw faces from San Diego doing the same as Mamma and I were. Walking from panel to panel reading each name and dates. All those emotions hit at once again. We came upon David's panel and just stood there crying, both of us. We knelt in prayer. I held her and she held me.

David was a gifted young man who died at 27. A musician from an early age of three. His panel reads his name, date of birth and death. It has a photo of him playing his cello next to Roudolph Valentino's crypt and one of him in "The Great American Yankee Freedom Band" of West Hollywood and a poem his mother wrote when he was three, walking around the house singing the words "Remember Me with Music."

After spending time at his panel we walked around the immediate area and came across the Actor's Guild panel, which had many names on it, too many to count. Once again too many emotions surfaced. As the sun started to set and close the day, we walked over to see the panel once again and said our good-byes.

After driving Mamma back, I got into the Jeep and returned to San Diego. David's nick name was Calvin, which I have named my Jeep. You will see Calvin 4 on the license plate. We were together four years before he died.

Scott

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# Update

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## TOO MANY EMOTIONS

On Thursday, September 21, 1995, I left work, went home to change, and left for a most unforgettable and emotional next 24 hours. I drove to a small town just east of San Bernardino where my deceased lover's mother lives.

After David died in January of 1992, this woman accepted me as the son she had just lost. Just over two years ago, we presented a panel to the Name Quilt in a very emotional ceremony in David's name. We were now on our way to Pasadena.

This was the city I had grown up in. Where I went to high school and where I had gotten my nursing degree. In other words, my home and a very special place in my heart. I was now taking my new mamma to see it.

After she had seen all the important things in my past we drove west to the Arroyo Seco where the Rose Bowl sits.

The Rose Bowl sits in a valley bordered on the east and west by homes overlooking it. We came upon it from the east. The road starts at the plateau and slowly goes down along the east side to the valley floor.

Half way down this slope you can see all the valley from that point south. Just south of the Rose Bowl itself was the Quilt. My heart was raised into my throat where it has always been found when I grieve for David. Tears started to fill my eyes and my hand grabbed the hand of his mother.

With the car still in motion, I had control my weeping until I could stop the car, which was not easy. Once we were able to find a shady spot, I parked and just sat. Looking at the Quilt brought it all back. From our meeting to his dying.

To me big flash I recalled everything. His beautiful

smile, warm touch, funny laugh and cold hands. They were always cold.

Mamma and I just stood and gazed at the nearly eight football fields of quilt. Walking towards this mass of white and various colors was one of the hardest walks I have ever made. My heart was back to it's usual place, yet not on earth. Every emotion and feeling that I have ever experienced in my life I was reliving. Fear, denial, love, hate, acceptance, loneliness, companionship, being cold, warm; they were all there.

Working a 12 step program, I have learned how to deal with them, but this was without a doubt one of the strongest times where so many of them were on top. Mamma stopped as I did and could not believe the enormous size of this gift of love. She asked me if I was all-right. The only thing that I could say was "Just think that each of these panels represents a life, or past life". Hate for a government that refused to act and support the researchers on their quest to find a cure. Denial that David was gone. Love for all of those who care. Acceptance of the need to help others. Loneliness, because I am so alone now. Companionship from all of my friends in A.A., cold during the nights when I no longer have David next to me. Warm for the love from friends and family are always there.

Both Mamma and I walked up to the information booth to find out where we could locate David's panel that we had presented over two years ago. The lady us the grid number and we walked into the heart of the quilt.

**THE  
LIVE  
AND  
LET  
LIVE  
ALANO  
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**1730 Monroe Avenue  
San Diego, California 92163**

**(619) 298-8008**

**A Decade of Service to the  
Gay, Lesbian, Bisexual and  
Transgender Recovering  
Community**

**The Live and Let Live Alano Club**

**1730 Monroe Avenue  
San Diego, California 92163  
(619) 298-8008**

**MONDAY**

- 11:45a.m. - Sober Nooners - AA Discussion
- 5:45p.m. - Free To Be - AA Discussion
- 7:00p.m. - Alano - Discussion
- 8:00p.m. - Narcotics Anonymous - Discussion

**TUESDAY**

- 11:45a.m. - Sober Nooners - AA Discussion
- 5:45p.m. - Free To Be - AA Discussion
- 6:00p.m. - AA District 19 General Reps.  
(2nd Tuesday of each month)
- 8:00p.m. - Sober Sisters - AA Discussion  
(Women)

**WEDNESDAY**

- 11:45a.m. - Sober Nooners - AA Discussion
- 5:45p.m. - Free To Be - AA Discussion
- 5:45p.m. - Overeaters Anonymous
- 8:00p.m. - Hope Without Drugs - AA Discussion
- 8:00p.m. - There Are Those, Too  
Sanctuary - AA/NA Discussion (Dual  
Diagnosis: AA or NA and Psychological  
Diagnosis)

**THURSDAY**

- 11:45a.m. - Sober Nooners - AA Discussion
- 5:45p.m. - Free To Be - AA Discussion
- 5:45p.m. - Nicotine Anonymous - Discussion
- 7:00p.m. - Open Board of Directors  
Meeting (2nd Thursday of each month)  
- Club Business.
- 7:15p.m. - Women's COCA

**FRIDAY**

- 11:45a.m. - Sober Nooners - AA Discussion
- 5:45p.m. - Free To Be - AA Discussion
- 8:00p.m. - Sobriety And Miracles -  
Leather/Fetish Meeting - AA Discussion

**SATURDAY**

- 10:00a.m. - Women's Meeting - AA Discussion  
(Women Only)
- 11:45a.m. - Sober Nooners - AA Discussion
- 4:00p.m. - Membership Meeting (2nd SAT.  
of each month) Club Business.
- 6:00p.m. - As Bill Sees It - AA Discussion
- 6:00p.m. - Gut Level 12 Step (OMN)
- 8:00p.m. - Two-Bit Speakers - AA Speaker
- 8:15p.m. - Intimacy and Men - AA Discussion  
(MEN ONLY)

**SUNDAY**

- 9:00a.m. - Women's Meeting - AA Discussion  
(WOMEN ONLY)
- 11:00a.m. - Sunlight Shooters - AA  
Discussion
- 3:00p.m. - (SPANISH) - SCA
- 5:00p.m. - We Agnostics - AA
- 6:00p.m. - Beautiful Beginnings - AA  
Speakers Discussion

# The Live and Let Live Alano Club

The Live and Let Live Alano Club provides continuing support for all recovering alcoholics, addicts, members of 12-Step programs and their friends and families, in a relaxed, caring environment free from alcohol and other drugs.

The Club was founded in 1983 by a small group of local Lesbian and Gay recovering alcoholics. They saw the need for a special outreach to the Lesbian and Gay community for those seeking a new life free from active addiction.

The Live and Let Live Alano Club provides information, meeting space and fellowship through alcohol-free and drug-free social activities and special events -- and by just being open -- a safe place to share conversation or coffee with a friend.

The Membership dues are low, disabled and senior discounts are offered, and volunteers earn no-cost Membership. This policy serves the goal of maximum accessibility.

Since Supporters, Members, or Boardmembers do not need to be part of any 12-Step program, or have any particular sexual orientation, becoming a part of the Alano Club Family demonstrates only one thing -- a desire to help with the serious business of Lesbian and Gay recovery in a supportive and personal way.

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